



2024 Impact Report

Women & Children's
FREE RESTAURANT COMMUNITY KITCHEN

**1.2
Million**

Meals



Message FROM THE EXECUTIVE DIRECTOR

Dear friends,

2024 was quite the adventure for us at WCFR! Like many places in Spokane, we faced a big challenge in January when our fire suppression lines froze and burst, flooding 60% of our main floor. It took us six long months to restore the building and refurnish our offices, but we're back together under one roof! Thankfully, our kitchen, walk-ins, and food inventory were safe, and we only missed one day of service. We bounced back quickly to continue serving women, children, shelter residents, and thousands of neighbors in need. By the end of the year, we provided more than 1.2 million meals—a 20% increase from 2023!



After five years of weekly curbside dinners and grocery distributions, we are excited to announce that we've finalized plans to make accessing food assistance easier and more discreet for women. Thanks to generous support from Bank of America, Avista, and other wonderful donors, climate-controlled food lockers will be operational in our parking lot this summer. The new setup will allow working women to pick up food on their schedule, helping many who previously couldn't access our services. We're thrilled to bring a 2022 goal to life and can't wait to share more once the lockers are up and running.

We also received a special grant that helped us upgrade our old dishwashing station with heavy-duty equipment. The impact has been remarkable! Our volunteer dishwashers have taken ownership of the space with renewed energy for one of the most demanding jobs here. There must be a special place in heaven for those heroes who happily tackle mountains of dirty pots and pans!

Every volunteer, piece of equipment, and dollar directly supports women who need a little extra help making ends meet. The need for hunger relief is significant, with 50 to 75 new families signing up each month to access our free meal services.

Looking ahead, we're committed to finding solutions that support Spokane families with services that are respectful and wrapped in dignity. Without the unwavering support of our donors, grantors, and volunteers, our services would come to a halt. Just think about what that means for a single mom juggling three kids and two jobs. Together, we can make a real difference for her—between having dinner on the table and worrying about gas for the car, rent, or getting her child to a doctor's appointment. As I've said before, poverty is a complex issue, but feeding a family shouldn't be.

Thank you so much for being part of our mission. While 2024 had its ups and downs, the incredible good we've accomplished together makes those challenges seem like distant memories. Let's move ahead boldly and keep our community well-nourished and moving ahead with us!

With endless gratitude,

Lisa Diffley
Executive Director



Our Mission

Women & Children's Free Restaurant & Community Kitchen is a vital safety net that fills nutritional gaps for women and children in need while fostering dignity and respect, both within our restaurant and in the community.

Who We Serve

Fifty thousand women and their children in our community live in poverty. In Spokane, 1 in 5 children are food insecure. Poverty runs deep in our community, especially for women. A single mother with two small children must earn \$27 an hour to meet her basic living expenses. Poverty and food insecurity also disproportionately affect older adults on fixed incomes, women with disabilities, women of color, and those experiencing homelessness.

Every day, the pathway to a more secure future starts with food. But "enough" food isn't enough! A truly just society must also ensure nutrition and improve access. Women & Children's Free Restaurant & Community Kitchen does just that! We transform donated whole-food ingredients into nourishing, ready-to-eat meals. We also deliver nutritional meals to numerous partner locations throughout Spokane County. In 2024, we provided 1,200,524 meals to families already in need and thousands more due to the lingering impact of the pandemic. This was more than eleven times the number of meals we served before the pandemic.

Our Volunteers

We would not be the thriving and welcoming place we are without the wonderful volunteers who help us daily! Our volunteers do everything from prepping food and washing dishes to laundry and handyman projects. In 2024, 431 volunteers gave 9,830 hours, the equivalent of nearly five full-time employees.



If you have questions about volunteer opportunities or would like to sign up to become a volunteer, visit our website at www.wcfrspokane.org/volunteer or email Jessica Gebhardt, our Volunteer Services Manager, at volunteer@wcfrspokane.org.



2024 STAFF AND VOLUNTEERS

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Executive Director

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& Finance

MELISSA BERRY
Director of Nutrition Services
& Executive Chef

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EWU Running Start

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Joel E. Ferris High School

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Gonzaga Preparatory School

2024 ACCOMPLISHMENTS



Programs



Served 1,200,524 meals, bringing the total from March 2020 (pandemic onset) through December 2024 to 5,600,000 meals

Distributed 111,706 prepared meals to **17 partner NPOs at 22 locations** across Spokane County through the Nutrition-to-Go program

431 volunteers gave 9,830 hours of their time to support our mission



Administrative



Installed **new dishwashing equipment** and completed dish room renovations

Installed a **permanent building sign**, funded by STCU and the Teen Leadership Board



Fundraising



Received **463,703 pounds of donated food** valued at \$916,588

Secured funding to significantly **increase food purchases** for our programs

Secured additional funding to implement our new **food pick-up system**

Hosted our second Dinner on the Farm, **raising \$153,296** and receiving \$20,281 in-kind support

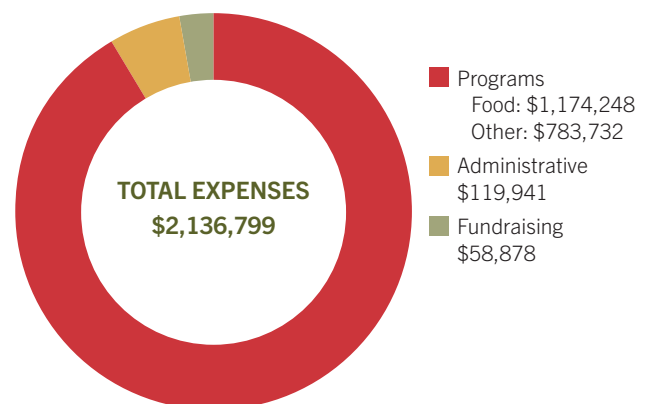
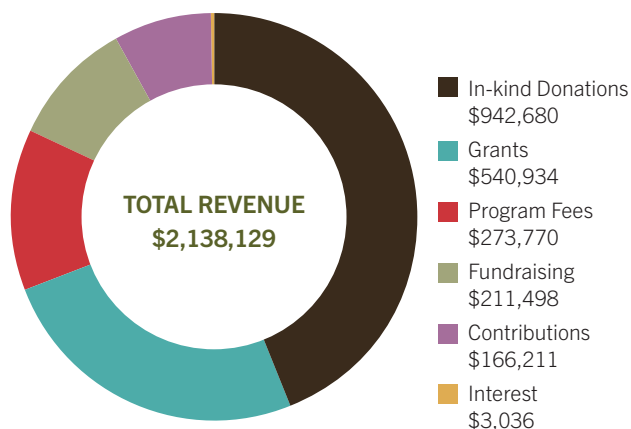
Our Teen Leadership Board held its second annual Egg Madness event in March, and **raised \$18,328** for the year

Nutrition-to-Go Program provided meals to the following partner programs:

Communities in Schools – Bemiss Elementary School
Communities in Schools – Shaw Middle School
Cup of Cool Water
Family Promise of Spokane
Maddie's Place
Millwood Impact
Miryam's House – Transitions
Odyssey Youth Movement
Partners with Families & Children
Ridpath Club Apartments
Rising Strong – Catholic Charities
Ronald McDonald House Charities of the Inland Northwest
SAN (Spokane AIDS Network)
Spark Central
Spokane Resource Center
St. Margaret's Shelter - Catholic Charities
Sisters Haven - Catholic Charities
The Salvation Army
Transitional Living Center – Transitions
Vanessa Behan
Women's Hearth – Transitions
YWCA Shelter



2024 FINANCIAL DATA



CharityWatch considers a charity to be highly efficient when program expenses are 75% or greater and development costs are 25% or less.

2025 - 2026 GOALS

At the heart of our mission lies the unwavering belief that access to fresh, nutritious food is not just a luxury but a fundamental human right that should be available to everyone, regardless of socioeconomic status.

1 Provide meals and groceries throughout our community through direct services and in partnership with 20+ local nonprofit organizations

2 Continue to secure funding to provide substantial hunger relief to women and children

3 Host our Dinner on Blossom Hill fundraiser

4 Complete implementation of our new food pick-up system



Groceries

Each family receives a generous assortment of hand-picked proteins, dairy products, fresh fruit and vegetables, nonperishable foods, and delicious recipes paired to the items they receive.

We focus on fresh, healthy foods that feed an individual or family for a minimum of one week.

Call to Action

Please consider a gift from our Menu of Giving. Your investment will generously support families who need nutritional assistance.



Menu of Giving

HOLIDAY DINNER.....\$1000

(Dinner for 6-8 families and groceries)

Traditional roasted turkey, herbed cornbread stuffing, mashed potatoes, turkey gravy, green beans, dinner rolls, pumpkin pie

OVEN-ROASTED PORK LOIN\$500

(Dinner for 5-6 families and groceries)

Oven-roasted pork loin, fruit chutney, rice pilaf, sweet peas, fresh fruit medley

LASAGNA.....\$250

(Dinner for 3-4 families and groceries)

Classic lasagna, Caesar salad, house baked garlic rolls, assorted berries

PULLED PORK TACO.....\$100

(Dinner for 1-2 families and groceries)

Roasted and pulled pork, Chef Melissa's special pico de gallo, lettuce, tomatoes, cheddar cheese, corn tortillas, Gala apples

HERB-ROSTED CHICKEN.....\$50

(Dinner for 1-2 people and groceries)

Chicken, seasoned with herbs and roasted to perfection, fresh broccoli, oven-roasted potatoes, strawberries

Featured menu items are examples of meals served, and change weekly.





Thank you TO OUR GENEROUS DONORS

Monetary Donors

\$399,999-\$50,000

City of Spokane
Spokane County
Washington State
Department of Agriculture

\$49,999-\$25,000

Bank of America Charitable
Foundation Inc
Providence Health & Services

\$24,999-\$10,000

AgWest Farm Credit
Avista Foundation
The Church of Jesus Christ
of LDS
Elizabeth Pool Charitable
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Innovia Foundation
Kalispel Tribe of Indians and
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McCaig, Kris
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Swenson, Mark and Mary
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Meagher
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Chastain, Michelle
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Clark, Cierra and Nathan
Clark, Ellen
Clegg, Julie
Click, Melissa
Cobb, Jerry and Mary
Cockburn, Art* and Karen
Coelho, Alan and Renee
Coglizer, Douglas and Judith
Onthank
Colclough, Joyce
Colleran, Jessica
Collin, Neu and Molly
Matthews-Neu

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E.L.C.A.
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The Rachel Project

*Deceased

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